



# SLOPPY JOE CASSEROLE

*Recipe adapted from Drizzle Me Skinny*

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## INGREDIENTS

- 1 pound of ground beef
- 1 cup diced onions
- 1 can of Manwich OR  
make own with ketchup,  
brown sugar, and pickle  
relish
- 1 can (7.5 oz) of biscuits
- 1 cup of mild cheddar  
shredded cheese

## DIRECTIONS

1. Cook your ground beef and onions on the stove in a pan, drain.
2. Preheat oven to 350F, spray a 9-inch square dish.
3. Add your sauce to your meat and simmer on low for 5 minutes, stirring well.
4. Pour meat mixture into your dish, top with cheese.
5. Place 9 of your 10 biscuit dough pieces on top of the mixture. You will have 1 extra biscuit.
6. Bake in the oven for 14 minutes. Remove from oven and sprinkle shredded cheese on top of the biscuits.
7. Return to oven for 6-8 minutes, until the biscuits are golden brown and cheese is melted.