

## CROCKPOT TEXAS ROADHOUSE POT ROAST

Recipe adapted from Lauren Greutman

## **INGREDIENTS**

- 2 2.5 lb chuck roast
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- 1/2 onion chopped
- 1/2 bell pepper any color, chopped
- · 2 stalks celery chopped
- 2 large potatoes chopped into chunks
- 2 cloves of garlic minced or pressed
- 1/2 cup tomato sauce
- 1/2 cup BBQ sauce
- 2 beef bouillon cubes
- 1 tsp salt
- 1 tsp black pepper
- 1/2 tsp dried thyme
- 1/2 cup water

## **DIRECTIONS**

- 1. Place roast in the bottom of the slow cooker.
- 2. Top with vegetables and potatoes (optional).
- 3. Top with BBQ sauce, tomato sauce, water and spices.
- 4. Cook on low for 8-10 hours.

